

## ‘A Different Day’

| Story   | Prop  | Action  |
|---|---|---|
| <p>I like my routine the same everyday</p> <p>I like to know what's coming my way</p> <p>But things are <b>different</b> in my day</p> <p>And my normal routine has gone away</p> | <p>Makaton sign '<b>different</b>'</p>                    | <p>To sign '<b>different</b>' using Makaton, hold your index fingers together with the rest of your fingers closed into a fist. Draw an arc by moving your fingers away from each other in opposite directions.</p>   |
| <p>People in charge have made some rules</p> <p>One of those was closing the schools</p>  | <p>Makaton sign '<b>school</b>'</p>                       | <p>To sign 'school' using Makaton, make a small circular movement in front of the mouth with a flat palm.</p>   |
| <p>I miss eating my dinner in the hall</p> <p>And playing on the climbing wall</p> <p>I miss my teachers and my best friend</p> <p>I wonder when this all will end</p>            | <p>Internet Access<br/>Photographs</p> <p>School work</p> | <p>Log onto the school website or facebook.</p> <p>Read the posts together and look at the photos</p> <p>Collect any drawings or craft work the individual has made at school then look at them together. Reassure them that they will soon be back at school with their friends.</p> |
| <p>I do my lessons at home</p>  | <p>One simple piece of work</p>                           | <p>Encourage the listener to</p>  |

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| <p>read, paint and draw.</p> <p>Work I've done with my teachers before.</p>  | <p>or task to complete</p>                        | <p>complete one piece of work or a single task.</p> <p>Tailor to suit to the ability of the listener.</p> <p>This can be a drawing, practicing counting, reading a short book or stacking blocks to build a tower.</p> |
| <p>Things are different in my day</p> <p>'No need to worry' I hear Dad say</p> <p>I smile back and ask him if he will play</p> <p>'Not now' he says, 'I'm <b>working</b> from home.'</p> <p>I feel bored and all alone</p> | <p>Makaton sign '<b>work</b>'</p>                 | <p>To sign '<b>work</b>' using Makaton, with straight hands, rub the edge of one hand (little finger side) against the flat edge of your index finger side of the opposite hand.</p>                                   |
| <p>I keep hearing words I don't understand</p> <p>Mum keeps telling me to wash my hands</p>  | <p>Soap<br/>Water<br/>Sink or washing up bowl</p> | <p>Model the correct way to wash your hands.</p> <p>Practice counting to twenty as you do this, explaining this is the correct length of time to get your hands clean.</p>   |
| <p>After lunch we go for a</p>   | <p>Chalk</p>                                      | <p>Draw a hopscotch on your</p>  |

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| <p>walk</p> <p>I play pavement hop-scotch drawn in chalk</p> <p>Mum says 'hurry up' as I go really slow</p> <p>This is because I can only have one go</p>                                     |  | <p>patio or path.</p> <p>Encourage the development of gross motor skills.</p>   |
| <p>'Let's go to the park' I say to my Mum,</p> <p>'It's closed' she says, that's spoilt my fun.</p> <p>Then she suggests we play a game!</p> <p>And we look for rainbows on window-panes.</p> | <p>Torch<br/>Water<br/>Glass<br/>White paper</p> <p>Coloured pens<br/>Felts<br/>Crayons<br/>Glue Glitter</p> | <p>To make a rainbow, fill a glass with water. Place a piece of white paper onto a table or lap-tray, hold the glass of water higher than the paper, then shine the torch through the water. A rainbow will reflect on the white paper.</p> <p>Get crafty!<br/>Make a rainbow picture to stick in the window at home.</p> |
| <p>When we get home, I'm thrilled to see</p> <p>Dad's made an obstacle course just for me!</p> <p>I scramble under the</p>  | <p>Blanket</p>   | <p>Make and obtacle course using items from around the home and garden.</p> <p>Lay a blanket down to make scramble net for the listener to crawl</p>  |

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| <p>netting, step over plant pots, then jump with two feet onto the dots</p> <p>I collect all the socks on my way</p> <p>This is turning out to be one fun day!</p>   | <p>Upturned plastic plant pots</p> <p>Broom</p> <p>Large leaves, card</p> <p>Balls or rolled up socks</p> <p>Washing basket</p> | <p>under</p> <p>Make a 'jump' by placing a stick or broom handle on top of two plant pots</p> <p>Place circles of card or large leaves to create stepping-stones.</p> <p>Place around the garden for the listener to find, collect and throw into the washing basket.</p> |
| <p>Mum asks me to tell me the things we can't do</p> <p>I tell her swimming, the cafe, park and zoo</p> <p>She writes them all down, puts them in a jar</p> <p>And says when lockdowns over we'll go in the car!</p> | <p>Paper</p> <p>Pen</p> <p>Jar tin or box</p>   | <p>Discuss, then write down, all the activities and places the listener cannot access during the lockdown.</p> <p>Encourage the listener to put them into the jar, tin or box, ready to choose one activity at a time after lockdown.</p>                                 |
| <p>I tell her I miss people that I cannot see, we just chat on the phone</p> <p>Mum says it's because they're also staying at home</p>   | <p>Telephone</p>  | <p>Make a phone-call, have a video chat with a person of the listener's choice</p>  |

So that's the story of my  
different day

Life's goes on the same,  
just in a different way

...and that's ok!

**For more information and resources go to:**

**[www.rhymingmultisensorystories.com](http://www.rhymingmultisensorystories.com)**